



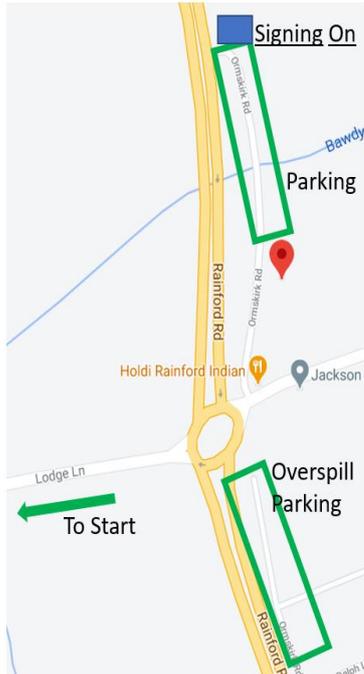
## Mersey Tri 10 Mile Time Trial - Saturday 27/4/24 14:00

Promoted for and on behalf of Cycling Time Trials under its rules and regulations.

### Time Keepers

Kate Wooder (Principal), Dom McGuiness (Assistant).

### Race Day Parking and signing on



Signing on will be at the far end of the layby (Ormskirk RD) near to the Wheatsheaf/Holdi Indian restaurant (sat nav WA11 7TA).

The nearest toilets are approx 6 miles from signing on at the Starbucks/petrol station (Skelmersdale Rd, Bickerstaffe, Ormskirk L39 0EZ). **Please arrive race ready.**

Each competitor must sign on when collecting and returning their race numbers at the signing on area, this is a CTT requirement. Please pick up your number from the signing on area and return it at the end of the race, do not forget to sign out.

Numbers should be pinned to the lower back area and be clearly visible. Make sure you call out your number at the finish, otherwise your time may not be recorded. Do not remain, or ask for your time, at the finish.

Parking will be available near to signing on, please pay attention to the marshals who will advise you on the best place to park, **please do not park near to the houses/bungalows in the local area or in the Holdi car park. NO parking near to the start or finish.**

Overspill parking is available in the layby shown on the map, again No parking near to local residences.

### Rules and Regulations

Cycling Time Trials require all competitors to wear a hard-shell helmet that conforms to a recognised safety standard.

**A working front and rear light**, either flashing or constant, must be fitted to the machine in a position visible to other road users and be active whilst the machine is in use. **No Lights, No ride.**

*In accordance with Regulation 14(i) No competitor shall be permitted to start unless such competitor has affixed to the rear of their machine **a working rear red light, either flashing or constant**, that is illuminated and in a position that is clearly visible to other road users.*

*In accordance with Regulation 14(j) No competitor shall be permitted to start unless such competitor has affixed to the front of their machine **a working front white light, either flashing or constant**, that is illuminated and in a position that is clearly visible to other road users*

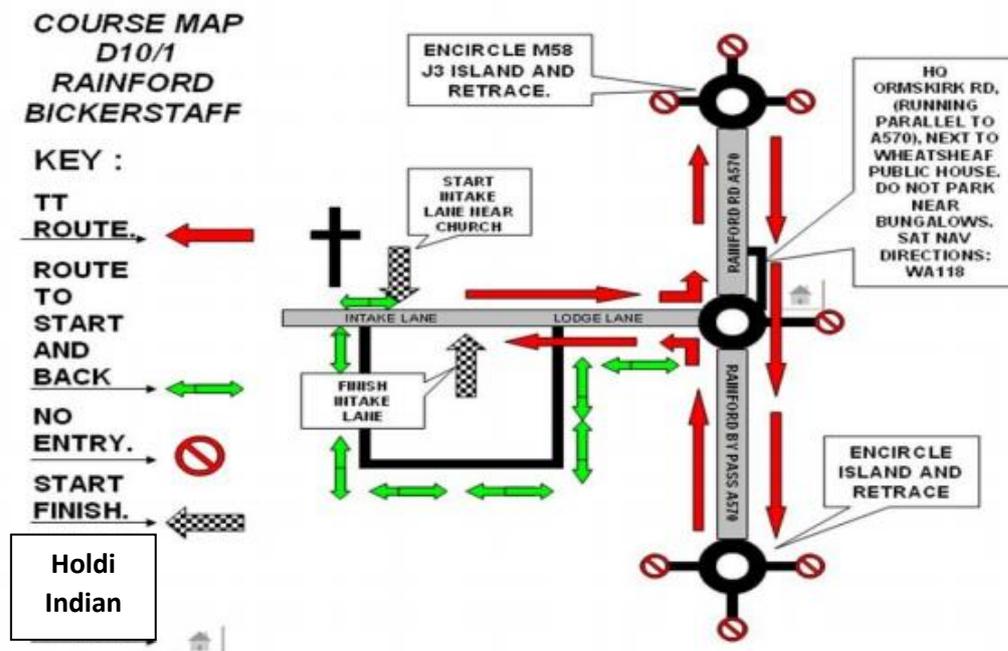
*In accordance with Regulation 15 - **All competitors must wear a properly affixed helmet** which must be of hard/soft shell construction. Helmets should conform to a recognised Standard.*

Riders **MUST NOT** stand in the road at the start or finish. Riders **MUST NOT** make U-turns in the road near the start or finish. Riders **MUST NOT** ride with their head down. Any rider observed to be riding in an unsafe manner or disregarding the Highway Code may face disciplinary action.

Riders must exercise care at all road junctions, **riders must come up off their tri bars and be in full control of their bike at all 3 roundabouts on the course.**

## Riding to and from the Start/Finish

Please use the following map to ride up to the start. Competitors who have not yet started should not travel in the direction of finish past the timekeeper at the finishing point, follow the **green arrows** to the start and to return .



If in doubt please ask one of the marshals on race day or ask at signing on for clarification on the course.

## Course Description (red arrows above)

Start at the field entrance on Intake Lane at the first raised kerbstone 210 yds south of Bickerstaffe church.

Proceed to Holdi Restaurant roundabout/island A570 Rainford Bypass and turn left (1.691 miles)

Proceed to M58 island -take care here - and encircle (3.353 miles)

Straight across Holdi Restaurant roundabout/island and proceed to Rainford island (6.98 miles)

retrace back on A570 to Holdi Restaurant roundabout/island (8.736 miles) Left along Lodge Lane / Intake Lane to finish at second gatepost on edge of plantation (10 miles).

## Results and Prizes

Results will be available via the MerseyTri Facebook page (<https://www.facebook.com/MerseyTri>) and via the CTT website as soon as possible following the event.

Category	1st	2nd	3 <sup>rd</sup>
Open (Road bike)	£30	£20	
Female (Road bike)	£30		
Open (TT)	£30	£20	£15
Female (TT)	£30	£20	£15
Fastest Open team of 3 (Any bike)	£20 per rider		
Fastest female team of 3 (Any bike)	£20 per rider		

Prize money can be bank transferred direct following confirmation of the result, we will contact winners for their details.

## Race Organiser

Barry Williams, **all enquires** to be emailed to [barrywilliams83@googlemail.com](mailto:barrywilliams83@googlemail.com) , contact 07377808945 on the day.

## DNS

If you are unable to attend the event please contact the race organiser via email or phone **as soon as possible**.

## Start List

1	14:01:00	Jenna	Brassington	PDQ Cycle Coaching
2	14:02:00	Moyna	Oneill	Mersey Tri
3	14:03:00	Rebecca	Sutton	North Endurance
4	14:04:00	Tarja	Barnes	Mersey Tri
5	14:05:00	Hannah	Fawcett	Liverpool Braveheart Bicycle Club
6	14:06:00	Lucy	Morley	Velotik Racing Team
7	14:07:00	Sharon	Clifford	SheHair Racing Team
8	14:08:00	Michelle	Fairclough	Velotik Racing Team
9	14:09:00	Samantha	Howard	Mersey Tri
10	14:10:00	Louise	Scupham	Jadan Vive Le Velo
11	14:11:00	Sally	Cunliffe	Velotik Racing Team
12	14:12:00	Peter	Ledson	Mersey Tri
13	14:13:00	Alasdair	Patrick	Mersey Tri
14	14:14:00	Michael	Yates	Liverpool Century RC
15	14:15:00	George	Howells	Mersey Tri
16	14:16:00	Steve	Thomas	Mersey Tri
17	14:17:00	John	Leach	Rossendale RC
18	14:18:00	Mal	Balmer	Mersey Tri
19	14:19:00	Patrick	Cullen	North Endurance
20	14:20:00	Mark	Eldor	Mersey Tri
21	14:21:00	Andy	Bennett	Liverpool Century RC
22	14:22:00	Mark	Clair	Mersey Tri
23	14:23:00	Phil	Barnes	SheHair Racing Team
24	14:24:00	Dave	Wilkinson	Bishop Auckland CC
25	14:25:00	Geraint	Catherall	Anfield BC
26	14:26:00	Paul	Johnstone	Mersey Tri
27	14:27:00	Rick	Froud	Liverpool Century RC
28	14:28:00	Richard	Warren	Liverpool Braveheart Bicycle Club
29	14:29:00	Paul	Stupples	Wigan Whs CC
30	14:30:00	Paul	Edwards	Graham Weigh Racing-Deeside Olympic
31	14:31:00	Andrew	Brookfield	Liverpool Century RC
32	14:32:00	Mark	Donnelly	Birkenhead North End CC
33	14:33:00	Kevin Louis	Burnett	Port Sunlight Wheelers
34	14:34:00	Finlay	McCance	Mersey Tri
35	14:35:00	Mark	Jones	Fibrax Fenwicks Wrexham Cycling Club
36	14:36:00	Derrick John	MacNish	Inverclyde Velo
37	14:37:00	Matthew	Collins	Liverpool Century RC
38	14:38:00	John	O'Callaghan	Barrow Central Wheelers
39	14:39:00	Philip	Elliott	Liverpool Century RC
40	14:40:00	Paul	Lawton	ADDFORM Vive Le Velo
41	14:41:00	Jamie	Twist	TricentralUk
42	14:42:00	Andrew	Newey	Ribble Valley C&RC
43	14:43:00	Paul	Williams	North Endurance
44	14:44:00	Wesley	Iyanda	Liverpool Phoenix CC (Aintree)
45	14:45:00	Colin	Hayes	Liverpool Century RC
46	14:46:00	Christopher	Thomas	Blackburn & District CTC
47	14:47:00	Arthur	Winstanley	Liverpool Century RC
48	14:48:00	Daniel	Waller	Mersey Tri
49	14:49:00	Jamie	Pleavin	Liverpool Century RC
50	14:50:00	Michael	Hopkins	North Endurance
51	14:51:00	Owen	Barden	Mersey Tri
52	14:52:00	Paul	Basson	ABC Centreville
53	14:53:00	Simon	Phillips	Stockport Tri Club
54	14:54:00	David	Wright	Warrington Road Club/Horton Light Engineering
55	14:55:00	James	Meldrum	Mersey Tri
56	14:56:00	Ben	Love	Graham Weigh Racing-Deeside Olympic
57	14:57:00	Alex	Dickinson	Manchester Triathlon Club
58	14:58:00	Neil	Cooper	Liverpool Century RC

59	14:59:00	Graham	Noble	Graham Weigh Racing-Deeside Olympic
60	15:00:00	Peter	Grindley	Liverpool Century RC
61	15:01:00	Louis	Thomas-Messenger	Macclesfield Wheelers
62	15:02:00	Nigel	Clementson	Wigan Whs CC
63	15:03:00	Kevin	Blades	360cycling
64	15:04:00	Daniel	Chesters	Warrington Road Club/Horton Light Engineering
65	15:05:00	Joe	Rendall	Congleton CC - MyWindsock
66	15:06:00	Stuart	Mccormick	Chester RC
67	15:07:00	Sam	Hughes	Liverpool Century RC
68	15:08:00	Tony	Cullen	TricentralUk
69	15:09:00	Neil	Buckley	Port Sunlight Wheelers
70	15:10:00	Steven	Hankey	Warrington Road Club/Horton Light Engineering
71	15:11:00	George	Higgins	Birkenhead North End CC
72	15:12:00	Adrian	Hughes	Seamons CC
73	15:13:00	Mark	Parsons	Team ASL-Bolton
74	15:14:00	Richard	Evans	Birkenhead North End CC
75	15:15:00	Robin	Hennessy	Velotik Racing Team
76	15:16:00	James	Holloway	Ribble Cycles
77	15:17:00	Eddie	Monteith	Warrington Road Club/Horton Light Engineering
78	15:18:00	Alastair	Ribbands	Congleton CC - MyWindsock
79	15:19:00	George	Elliott	Liverpool Century RC
80	15:20:00	Simon	Wilson	HUUB WattShop